

## Jazzercise helps me DANCE my way to a BETTER BODY.

## When's the last time **YOU** danced?

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Real results. Pure fun.

- Jazzercise Classes meet Monday through Thursday 5:30pm and Saturday's 8:30am
- Classes are held in the Senior Citizens Center Building on the corner of Chestnut & Mirick.
- All ages and fitness levels welcome.

## **jazzercise**®

Jazzercise of Denison

**Denison Parks & Recreation** 

531 W. Chestnut 903-821-5135

jazzercise.com • (800) FIT-IS-IT